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## South Texas Regional Adaptive and Paralympic Sports



### Boccia

A Paralympic sport that tests the athlete's coordination, accuracy, concentration and ability to strategize. It is played on a flat smooth surface with individual, pair or team play and is open to male and female athletes with severe loco motor disabilities.

### Wheelchair Basketball

Adults and juniors with physical disabilities. Must be able to independently push a manual wheelchair and have hand-eye coordination to catch a basketball to participate.

### Goalball

A fast paced Paralympic sport for athletes with visual impairments. The object of the game is to block a basketball-sized ball, which has a bell sound when rolled, served by the opposing team before it crosses the defenders goal line.

### Ambulatory Soccer

For ambulatory athletes with mobility impairments; such as amputee, cerebral palsy, traumatic brain injury, limb salvage and more. The game is played on a reduced sized soccer pitch with seven athletes on a side. Otherwise, most FIFA rules apply.

### Wheelchair Softball

Generally played outdoors on a hard surface for greater maneuverability. A 16-inch soft ball is used so players can catch the ball without having to wear gloves so they can maneuver their chairs. Otherwise, most NWSA rules apply.

### Wheelchair Soccer

Designed for those who can independently use a wheelchair. The game is played indoors with a soft, soccer-sized ball. Goals are scored by throwing the ball passed the goalkeeper.

### Power Soccer

The perfect game for those with physical disabilities who use power wheelchairs. Powered wheelchairs are fitted with bumper guards and the object of the game is to score a goal by maneuvering a 13-inch soccer ball through two goal-posts.

### Wheelchair Football

This fast paced sport is played on a 60 x 25 yard field with 2 end zones generally played on a hard surface outdoors for athletes who use a manual wheelchair. Rules are based from American football.

*STRAPS is a unique sports program that provides recreational and competitive sports opportunities to all those with physical disabilities.*

**"From the Sideline to the Goal Line"**

Volunteer and Athlete Registration: [strapssports.com/registration](http://strapssports.com/registration)



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## 2015-2016 STRAPS PROGRAM Schedule

### Sunday's

SA Spurs Team Trainings (Sundays 9-12:00pm): August 23, 2015 – April 3, 2016

Adult Wheelchair Bball: MWL Event Center (9:00 am-12:00 pm): April 24, 2016-August, 2016 Open Gym (all welcome)

Junior WC Basketball (STRAPS STARS): MWL Event Center (12-2:00 pm-Varsity: 10 ft goal & 2:00-3:30-Prep: 8.5 ft goal)

Clinic Kickoff: Sept. 12<sup>th</sup> (9:00 am -1:00 pm) and Sept. 13<sup>th</sup> (1:00-3:30 pm)

Ongoing Practices Start: September 16, 2015 – March 30, 2016

Power Wheelchair Soccer: MWL Event Center (5:00-7:00 pm)

Ongoing Practices Start: September 13, 2015– May 2016

Ambulatory/Paralympic Soccer: STAR Soccer Complex (6:30-8:00 pm)

Starts: October 4 – December 6, 2015 & March 6, 2016 – June 26, 2016

### Monday's

Wheelchair Soccer: MWL Event Center (6:00-7:30 pm – Junior & Recreational, 7:00-9:00 pm – Open Play)

Ongoing Practices Start: July 13, 2015 – February 29, 2016 & July 11, 2016 – February, 2017

Wheelchair Softball: MWL Event Center (6:00-8:30 pm)

Ongoing Practices Start: March 14, 2016 – June 27, 2016

Note: Bad weather days, practices will be inside the gym.

### Tuesday's

Goalball: MWL Event Center (6:30-8:30 PM)

Kickoff Clinic: October 24-25, 2016

Ongoing Practices Start: October 6, 2015 – March 2016

Note: Texas Regional Paralympic Sport will offer Track and Field practices February-June, 2016 (Location TBA)

### Wednesday's

Junior Wheelchair Basketball (STRAPS STARS): MWL Event Center (6:00-8:00 pm)

Practice for both 8.5 ft (Prep) and 10 ft (Varsity) Teams

Clinic Kickoff: Sept. 12<sup>th</sup> (9-1) and 13<sup>th</sup> (1-3:30 pm)

Ongoing Practices Start: September 16, 2015 – March 30, 2016

Wheelchair Football: MWL Parking Lot (6:00-8:00 pm), After November 1<sup>st</sup> – 5:30-7:00 pm

Ongoing Practices Start: September 30, 2015 – November 18, 2015 & March 30, 2016 – June 2016

Note: Bad weather days, athletes are invited to join Junior WC Basketball Practices inside the gym.

Military Wheelchair Basketball League: MWL Event Center (Time TBA), May 4, 2016 – August, 2016

### Thursday's

Boccia: MWL Event Center (6:00-7:30 pm)

Ongoing Practices Start: October 22, 2015-June, 2016

REGISTER for STRAPS SPORTS Programs at [www.strapssports.com](http://www.strapssports.com)

For additional info: Brooke Matula, [Brooke@strapssports.com](mailto:Brooke@strapssports.com) or 210-336-4135

Morgan's Wonderland (MWL) Event Center Gym/Parking Lot: 5223 David Edwards Dr; SA, TX 78233

STAR Soccer Complex: 5103 David Edwards Drive; San Antonio, TX 78233